

Get Ready

How do you Walk with the Holy Spirit?

COMPANION NOTES WEEK 4

- God will send the Holy Spirit to walk with you so that you can have divine peace under pressure and divine wisdom amidst decisions
- Holy Spirit = *Paraclete* = (call alongside)
- Counselor - Helper – Advocate – Comforter
- How you walk with Him?
 - Walk in Peace amidst pressure.
 - Walk in Wisdom for direction
- Make the Holy Spirit (Counselor) your first conversation when you are under pressure

SCRIPTURE



“So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. But if you are led by the Spirit, you are not under the law.”

Gal. 5:16-18 (NIV)

“The Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.”

John 14:17 (NIV)

“The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

Philippians 4:5b-7 (NIV)

“For those who are LED by the Spirit of God are the children of God.”

Romans 8:14 (NIV)

“The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.”

Gal. 5:17 (NLT).

“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.”

James 1:5 (NIV)



| PRACTICAL

Throughout this week, practice one-minute walking` prayers. One-minute prayers that invite the Holy Spirit into your pressures or where you need guidance.

REFLECT



God tells us to turn to the Holy Spirit in times of pressure. How can you turn to the Holy Spirit in pressure?

Where in your life do you feel the most pressure? How can you bring the Holy Spirit (and peace) into these areas of your life?

What will you do to include the Holy Spirit in your daily walk to relieve pressure, give you peace, and offer direction?

Week one - Live like you believe it

Week two - Be alert and discerning

Week three - Be at peace with the unknown

Week four - Be in tune and in step with the Holy Spirit

12 Now we have NOT received the spirit of the world, but the Spirit who is from God, that we might understand the things freely given us by God.

1 Corinthians 2:12

6 Among the mature, however, we speak a message of wisdom—but not the wisdom of this age or of the rulers of this age, who are coming to nothing. 7 No, we speak of the mysterious and hidden wisdom of God, which He destined for our glory before time began. 8 None of the rulers of this age understood it. For if they had, they would not have crucified the Lord of glory. 9 Rather, as it is written: “No eye has seen, no ear has heard, no heart has imagined, what God has prepared for those who love Him.”..... **1 Corinthians 2:6-10**

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